

Educational and Training Services

For companies (service industries, etc.) and organisations (schools, social workers etc.), Counsellor Coventry offers a range of innovative creative therapeutic services to support the mental and emotional needs of employees including clinical supervision for employees who require a confidential, safe, creative space to explore emotional and psychological processes involved in their demanding interactions with people (essential to avoid 'burn out').

Counselling Coventry also offers educational and training services that where we can explore and develop creative potential that can be utilised in decision making processes and such like. That could include movement observational skills (not occupational therapy) that can be very helpful in variety of contexts where communication and other functional processes are required to be developed.

The approach is informed by humanistic integrative (largely gestalt) approaches and creative and expressive processes (movement, creative materials in small and ledger groups etc.) that come together in facilitations that are creative, empowering, and fun to enable the participants to get the maximum out of their experience and realise their creative potential.

The facilitator is qualified and experienced in a range of therapeutic practices and until recently was an Associate Lecturer in HE, teaching on a professional MA level therapy training. He has extensive annual CPD that includes mindfulness and the performance art of clowning (Sacred Clown) as well as improvisational theatrical clowning.

For HE institutions, the facilitator is also available on associate lecturer, fixed or part time contracts to contribute to Counselling, Psychotherapy or arts therapies programmes and has experience of facilitating a range of modules including group process, clinical and academic supervision of students.

Counsellor Coventry also offer bespoke therapeutic services or educational/training services that can be tailored to suit the needs of employers through discussion and negotiation.

Paul has experience of teaching the following CPCAB qualifications: L4 Therapeutic Counselling and L5 Psychotherapeutic Counselling. During lockdown (March - June 2020) teaching was delivered via Zoom with the support of the educational platform Moodle.

Employers

Paul has experience of working with organisations, institutions and companies offering employees an alternative to existing employee assistance programmes; including group therapy, individual therapy, coaching or consultancy.

He also offers a service to organisations, institutions and companies who require assistance in exploring and understanding any communication or relationship difficulties employees may have using an integrated movement observation analysis based on Laban Movement Analysis (LMA), Kestenberg Movement Profile (KMP) and semiotics. He can also offer movement based group work to explore those difficulties or to explore and develop the creative or communicative potential of their employees.